

Yoga for children with ADHD, Autism, & those who are Differently-Abled



Teachers and parents will learn leading edge yogic tools that can reach the hearts and minds of children with ADHD, Autism and other Sensory Processing differences. Shakta and Allison will share practical, hands-on techniques that teachers and parents can use with these special children to help them focus the mind, open the heart, and strengthen the body. They will help professionals and families alike discover what these very special children have to teach us!

Friday February 24, 6:30pm to 8:30pm
Saturday February 25, 6:00am to 5:30pm
Sunday February 26, 6:00am to 3:00pm

(Yoga and breakfast included each day)



Pre-Registered before February 17th, \$395
After February 17th, \$450

(payment can be made in two installments; see website for details)



Shakta Khalsa (ERYT-500), is one of the world's leading experts on children and yoga, having worked with both since the mid-1970s. The author of five well-known books, she is also the creator of Radiant Child ® Yoga. Allison Morgan, MA, OTR, founder of Zensational Kids, has been an occupational therapist for 22 years and will co-lead the training.



YOGA VILLAGE

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